BC Cancer Protocol Summary for Adjuvant CISplatin and Pemetrexed Following Resection of Non-Small Cell Lung Cancer

Protocol Code: LUAJPP

Tumour Group: Lung

Contact Physician: Dr. Barb Melosky

ELIGIBILITY:

Patients must have:

- Fully resected stage II or IIIA non-small cell lung cancer, or
- Fully resected stage 1B non-small cell lung cancer, if considered high-risk for relapse, but uncertainty of benefit must be discussed with individual patient,
- Non-squamous histology,
- Lobectomy or pneumonectomy preferred; segmentectomy or wedge resection permitted, and
- Ineligible for LUAJNP

Patients should have:

- Treatment initiated within 60 days of definitive surgery (preferred),
- ECOG performance status 0 or 1,
- Adequate renal function (creatinine clearance greater than or equal to 60 mL/min),
- Adequate hepatic function (bilirubin less than 35), and
- Prior to treatment, consideration for Pneumococcal vaccine and influenza vaccine, if appropriate for season

Note:

 In patients whose tumours are found to have an EGFR mutation, consider CISplatin/vinorelbine

EXCLUSIONS:

Patients must not:

 Require CARBOplatin substitution for CISplatin; if CISplatin is contraindicated or relatively contraindicated, consider treatment with LUAJPC

TESTS:

- Baseline: CBC & differential, platelets, creatinine, alkaline phosphatase, ALT, total bilirubin, LDH
- Before each treatment: CBC & differential, platelets, creatinine, alkaline phosphatase, ALT, total bilirubin, LDH
- Weekly: CBC & differential, platelets during cycles 1 and 2; may be omitted in subsequent cycles

PREMEDICATIONS:

- Antiemetic protocol for high emetogenic chemotherapy (see protocol SCNAUSEA)
- Vitamin supplementation mandatory starting at least 7 days prior to the first cycle, and to continue while on treatment, until 21 days after last pemetrexed dose:
 - folic acid 0.4 mg PO OD
 - vitamin B12 1000 mcg IM every 9 weeks
- Prophylaxis for skin rash: dexamethasone 8 to 12 mg PO prior to treatment, then 4 mg PO every 12 hours for 4 doses.

TREATMENT:

| Drug | Dose | BC Cancer Administration Guideline |
|------------|-----------------------|--|
| pemetrexed | 500 mg/m ² | IV in 100 mL NS over 10 minutes [†] |
| CISplatin | 75 mg/m ² | IV in 500 mL NS over 1 hour* |

*Pre- and post-hydration protocol for high-dose CISplatin required according to institutional guidelines (eg, prehydration with 1 L NS over 1 hour, CISplatin in 500 mL NS with potassium chloride 20 mEq, magnesium sulfate 1 g and mannitol 30 g)

[†]Pemetrexed may be given anytime during the pre-hydration period²

Repeat every 21 days x 4 cycles

DOSE MODIFICATIONS:

1. HEMATOLOGY

Based on day 1 counts:

| ANC (x 10 ⁹ /L) | | Platelets (x 10 ⁹ /L) | Dose |
|------------------------------|-----|----------------------------------|-------|
| greater than or equal to 1.5 | and | greater than or equal to 100 | 100% |
| less than 1.5 | or | less than 100 | Delay |

Based on nadir counts (for pemetrexed only):

| ANC (x 10 ⁹ /L) | | Platelets (x 10 ⁹ /L) | Pemetrexed Dose |
|------------------------------|-----|----------------------------------|-----------------|
| greater than or equal to 0.5 | and | greater than or equal to 50 | 100% |
| less than 0.5 | and | greater than or equal to 50 | 75% |
| any | and | less than 50 | 50% |

2. RENAL DYSFUNCTION

| Calculated Cr Clearance (mL/min) | CISplatin Dose | Pemetrexed Dose |
|----------------------------------|----------------|-----------------|
| greater than or equal to 60 | 100% | 100% |
| 45 to less than 60 | 80% | 100% |
| less than 45 | Hold | Hold |

3. MUCOSITIS

For next cycle:

| Mucositis Grade | CISplatin dose | Pemetrexed dose | | |
|--|----------------|--------------------|--|--|
| 0 to 2 | 100% | 100% | | |
| 3 to 4 | 100% | 50% previous dose* | | |
| *Discontinue treatment after two dose reductions | | | | |

4. OTHER TOXICITIES

For any other grade 3 or higher toxicity, delay treatment until toxicity resolves, then resume with 25% dose decrease if considered appropriate to resume by attending oncologist

PRECAUTIONS:

- 1. **Vitamin supplements**: Appropriate prescription of Folic Acid and Vitamin B12 is essential. The incidence of adverse events such as febrile neutropenia related to pemetrexed is higher without vitamin supplementation.
- 2. **NSAIDs**: Concurrent nonsteroidal anti-inflammatory agents should be avoided as they may decrease the renal clearance of pemetrexed.
- 3. **Neutropenia**: Fever or other evidence of infection must be assessed promptly and treated aggressively.
- 4. **Renal Toxicity**: Nephrotoxicity is common with CISplatin. Encourage oral hydration. Avoid nephrotoxic drugs such as aminoglycoside antibiotics. Use caution with preexisting renal dysfunction.
- 5. **Neurotoxicity**: CISplatin is neurotoxic and may have to be discontinued if functionally important neuropathy develops. Particular caution must be used in individuals with existing neuropathy.
- 6. **Ototoxicity**: CISplatin is ototoxic and its use must be cautioned in individuals with existing hearing loss.

Contact Dr. Barb Melosky or tumour group delegate at (604) 877-6000 or 1-800-663-3333 with any problems or questions regarding this treatment program.

REFERENCES:

- 1. Kenmotsu H, Yamamoto N, Yamanaka T, et al. Randomized Phase III study of pemetrexed plus cisplatin versus vinorelbine plus cisplatin for completely resected Stage II to IIIA non-squamous non-small cell lung cancer. J Clin Oncol. 2020; 38(19): 2187-2196
- 2. Ciuleanu T, Brodowicz T, Zielinski C, et al. Maintenance pemetrexed plus best supportive care versus placebo plus best supportive care for non-small cell lung cancer: a randomized, double-blind, phase 3 study. Lancet 2009; 374:1432-40.