

## **Colon Screening Program**

Updated: March 2024

## Does my Patient Need Colon Screening?

Please work down the following list for decision-making. Does your patient have:

Decision-Making Checklist	Recommendation	Refer to Program
1 Symptoms of:  • Anemia • Rectal bleeding  • Abdominal pain • Change in bowel habits	FIT is not recommended. Refer to a specialist for consideration of endoscopic evaluation after initial investigations.	
2 Personal history of colorectal cancer	FIT is not recommended. Refer for ongoing follow-up with a specialist.	Do not refer to Colon Screening Program.
<ul> <li>Inflammatory bowel disease</li> <li>Crohn's</li> <li>Ulcerative colitis</li> <li>Ulcerative proctitis</li> </ul>	FIT is not recommended. Refer for ongoing follow-up with a specialist.	
4 Personal history of precancerous lesion(s)	FIT or colonoscopy is recommended. Refer to the Colonoscopy Follow-up Algorithm for the recommended pathway. The algorithm can be found at the following link: screeningbc.ca/health-professionals/colon/resources.	If patient is younger than 74, depending on the recommendation, either refer for colonoscopy using the Colonoscopy Referral Form or refer for FIT using the Standard Outpatient Lab Requisition.
Family history of colorectal cancer     1 first degree relative (parent, full sibling, child) diagnosed with colorectal cancer over 60;	FIT is recommended. Screen with FIT every 2 years between ages 50-74.	Use <u>Standard Outpatient Lab</u> <u>Requisition</u> : select 'FIT (Age 50-74 asymptomatic q2y) Copy to Colon Screening Program'.
<ul> <li>1 first degree relative diagnosed with colorectal cancer under age 60; or,</li> <li>Two or more first degree relatives with colorectal cancer diagnosed at any age.</li> </ul>	FIT is not recommended. Colonoscopy is recommended every 5 years. Colonoscopy can start at age 40 or 10 years younger than the age of diagnosis of the youngest affected first degree relative - whichever is earliest.	If patient is younger than 74, refer for colonoscopy in the Colon Screening Program using the Colonoscopy Referral Form.
<ul> <li>6 Did the patient have a normal:</li> <li>FIT within 2 years;</li> <li>Colonoscopy within 10 years; or,</li> <li>CT colonography within 5 years?</li> </ul>	FIT is not recommended. Patient is up to date with colon screening.	Do not refer to Colon Screening Program.
<ul> <li>7 Patient has never screened for colorectal cancer, does not have a family history, or screening interval has elapsed</li> <li>Patient between the ages of 50-74</li> </ul>	FIT is recommended. Screen with FIT every 2 years.	Use <u>Standard Outpatient Lab</u> <u>Requisition</u> : select 'FIT (Age 50-74 asymptomatic q2y) Copy to Colon Screening Program'.
• Patient between ages 40-49 and 75-84	Individually assess risk of colorectal cancer and risk of colonoscopy. Harm can outweight benefit; use clinical judement. If proceeding with screening, use standard lab requisition and select 'FOBT, Other Indication'. Patient will not be registered in program. Refer directly to a specialist for follow-up when indicated.	Do not refer to Colon Screening Program.
Patient younger than 40 or older than 84	Screening not recommended for these age groups.	